



ECS Assessment Worksheet

Response to a fearful or stressful situation:

- Flight
- Fight
- Freeze
- Fidget
- Fawn

What are this animal's MOTIVATORS?

- Food/Treat Favorites: _____
- Toy / Play _____
- Touch _____
- Movement _____
- Other _____

Cautions: _____

What are this animal's AVERSIONS?

- Sound Challenges: _____
- Touch _____
- Movement _____
- Object _____
- Other _____

What helps?: _____

Gastrointestinal health

- Changes in appetite & enthusiasm for food more less
- Changes in stool / feces consistency more less
- Difficulty in / refusal to defecate or urinate more less
- Observation of vomiting or nausea more less

Renal and urinary health

- Changes in frequency of urination more less
- Changes in ease and volume of urination more less
- Date of last Stress Assess: _____ Schedule reassessment

Psychological health

- Changes in engagement levels or engagement styles more less
- Worsening behaviors more less
- New behaviors of concern more less





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Cooperative Care cues this animal knows:

- Kennel safety & calm
- Leash manners
- Threshold manners
- MAT
- TOUCH
- FIND IT
- SIT
- DOWN (lay down)
- BODY LEFT RIGHT



Sitting with Animals

ECS Assessment Worksheet, May 2024